



# Can we give better care for dying people in their own homes?



## GSF Domiciliary Care Training Programme

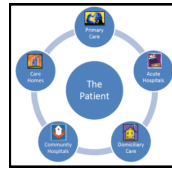


Professor Keri Thomas OBE, Sarah Noakes, The GSF Centre in End of Life Care, London and Shrewsbury, UK

### The GSF DC Programme

- GSF focuses on enabling generalist frontline staff in end of life competencies, including earlier recognition of decline, clinical assessments, offering advance care planning discussions, reducing hospitalisation and optimising active life.
- Train the Trainer cascade programme works with Agency trainers using action based, interactive learning and reflective practice in 6 modules, with on-line virtual learning zone, and resources plus training workshops.
- Increasingly, many of the GSF Regional Training Centres (mainly hospices) offer local GSF training to Domiciliary Care Agencies.

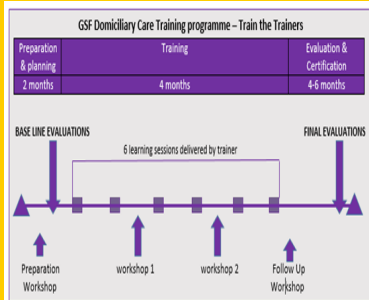
### Key Messages



- Domiciliary Care staff play an important, often unrecognised role** in supporting people in the final stage of life at home, especially those with dementia and frailty. It is a key factor in **improving integrated cross boundary end of life care.**
- With over 1400 GSF trained care workers**, there is growing evidence of the value and benefits of GSF EOLC training for this vital workforce.
- Training leads to **more proactive, person-centred, well coordinated care and improved communication and collaboration** with primary care, **preventing hospital admissions and deaths, enabling more to live and die at home.**

### Impact of the GSF Domiciliary Care Programme

- Confidence and competence of home-care staff
- Communication, working relationships and collaboration with Primary care.
- More Advance Care Planning discussions with service users
- Encouragement and empowerment of staff to advocate for their service users.
- Awareness of future training needs.
- Improved communications about end of life issues.



#### What does GSF aim to do?

3 Key messages

- ↑ Improve quality of care**  
Improve the quality of patient care, in line with their preferences
- ↑ Improve outcomes and cost effectiveness**  
Improve outcomes, reduce hospitalisation, and enable more patients to live and die well in their place of choice
- ↑ Improve cross boundary teamwork + collaboration**  
Develop your workforce for better collaboration and coordination of care

**Different GSF training options of interactive workshops, bespoke programmes or distance learning video-conferencing 'Train the Trainer' support.**

*"We have come out of the shadows and district nurses are suddenly seeing them in a new light and respecting their knowledge."*

*"I have learned a lot throughout and will now have discussions with other professionals."*

*"It has been the best experience delivering this training and empowering our staff."*

*"It has opened areas new to me and has given me confidence to start discussions with Service Users."*



Melanie Wetherley receives her GSF Trainer Certificate from Marie Cooper of Hospice UK, at the GSF conference - March 2017

*"In every way I think it will make me a better carer."*

*"It has got all our staff thinking so very differently now, its amazing."*

*"Lots of my customers are palliative care. My new knowledge will help identify them and give the best care to them."*



### The National GSF Centre in End of Life Care

Is the UK's leading training provider for generalist frontline staff in end of life care, enabling a gold standard of care for all people nearing the end of life, with any condition in any setting.

For further information on the work of the National Gold Standards Framework Centre please see [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk) or visit our website: [www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk) or call 01743 291891